



Volunteer and Service to Dharma Programme

Name:

DOB:

Address:

Postal code:

Home phone number:

Mobile:

Emergency - person's name and mobile:

Available dates:

Email:

Enrolment date:

Please, mark all the areas in which you have experience, skills or particular interest:

- Temple maintenance and cleaning
- Artwork (please, specify)
- Cooking and menu planning
- Groceries shopping, groceries storage and inventory
- Cleaning
- Computer knowledge
- Audio Visual knowledge
- Hospitality
- Selling and customer care
- Library organization
- Carpentry and its basic tools
- Construction experience
- Painting
- Maintenance and repairing
- Gardening and landscaping

If you have any other talents or skills, please, list them here:

Please, inform during which period you would like to volunteer:

- **Summer** (July - August)
- **Autumn** (September - November)
- **Winter** (December - January)
- **Spring** (March - May)

If you intend to stay any longer, please, contact us.

Please, answer the following questions in a separate sheet:

- Why are you interested in the Volunteer and Services to Dharma Programme and what are your objectives?
- Please, describe your meditation history, inform who are your previous teachers and your current occupation.
- Do you have any medical condition that we should be aware of?

Thank you for your interest in helping and supporting Thubten Phuntsog Gephel Ling Retreat Centre and our Spiritual Community.

It is wonderful to know that you are willing to offer your time, skills, and work. We will be in contact as soon as your enrolment information has been fully analysed.

Please, fill out this form and send it to: info@guhyamantrika.org